

## PRACTICAL ASPECTS OF DEVELOPING STUDENTS' SELF-ESTEEM THROUGH SPEAKING ACTIVITIES

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**Abstract:** it is known that psychological state and believe of students in their strength on learning foreign language is very important sight of teaching. Thus, promoting students' self-confidence in learning languages is of a vital importance.

This article has fulfilled the following tasks as to observe and to determine crucial points of self-confidence, to define connection of an object with every lesson, to work out the techniques for promoting self-confidence and to implement them during the lesson.

**Keywords:** self-confidence, self-assurance, speaking activities, skills, types of tasks.

## ПРАКТИЧЕСКИЕ АСПЕКТЫ РАЗВИТИЯ У СТУДЕНТОВ САМООЦЕНКИ ПОСРЕДСТВОМ РАЗГОВОРНОЙ ДЕЯТЕЛЬНОСТИ

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**Аннотация:** в этой исследовательской работе был рассмотрен один из основных аспектов в преподавании английского как иностранного языка в профессии-повышения уверенности студентов в разговорной речи EFL классов, который был признан не только как имеющий огромное значение, но и как сфера, в которой ещё многое предстоит сделать. Дополнительные упражнения по улучшению разговорной речи были включены в этапы урока, с целью увеличения производительности студентов в условиях парной/групповой работы, следовательно, и их уверенности в себе.

**Ключевые слова:** самоуверенность, виды разговорной деятельности, виды заданий.

During the independence years Republic of Uzbekistan has worked out an own model development taking into consideration the specific social and political traditions in the country. Much attention is given to the educational system, especially, teaching foreign languages.

This article has fulfilled the following tasks as to observe and to determine crucial points of self-confidence, to define connection of theme with every lesson, to work out the techniques for promoting self-confidence and to implement them in the subject "Independent Study Skills".

This study is also designed to increase awareness of English teachers to find suitable techniques of developing the students' speaking. The results of the study have shown us that self-confidence is crucially important for students to learn English; language anxiety can also influence students' language learning process; speaking activities can help students' promoting self-confidence; it is teachers' responsibility to choose or adapt materials according to the students' level of English and fields of interests and ESP teachers should reform the speaking activities in accordance with their students' professional interests. The role of using different activities is very important in increasing students' self-confidence and through the improvement of self-confidence we increase language acquisition.

In conclusion, through this, teachers will help their students to develop their English in accordance with their future profession.

As students progress in their education, they are expected to become more self-directing in their learning. Not all do so. Teachers should adapt their instruction in order to be understandable and in accordance with students' different levels of educational self-directedness in ways that build under developed self-regulatory skills.

Regularly communicating with native English speakers on a varying degree of topics is the best way to learn to speak English fluently. However, relatively few learners of English have such an opportunity. To eventually be able to speak English fluently, learners of English must have materials with important content on everyday topics (audios, videos, printed texts/study books, etc.) for beginner, intermediate and advanced levels of study.

The materials must include dialogues, monologues, questions - answers with important content, lists of difficult word meanings and phrases/expressions with usage sentences, and comprehensive vocabulary on all everyday topics. Learners can practice and develop spoken English skills in many ways. [1, 1997; 56-58].

Dialogues. In this method students learn more how to communicate properly with each other and usage of common phrases, which give them opportunity to enrich their vocabulary. Correspondently it improves their not only speaking abilities, but also memorizing capabilities.

The class is full of laugh and the students are interested in joining the teaching learning through some real objects, interesting dialogues and fun sound. Moreover, they know the procedure of genre when they practice the drama. [2, 1976; 198-213].

All in all, the following conclusions are made as a result of our research:

- 1) Self-confidence is crucially important for students to learn English;
- 2) Language anxiety can also influence students' language learning process;
- 3) Speaking activities can help students' promoting self-confidence;
- 4) It is teachers' responsibility to choose or adapt materials according to the students' level of English and fields of interests.
- 5) ESP teachers should reform the speaking activities in accordance with their students' professional interests.
- 6) The role of using different activities is very important in increasing students' self-confidence.

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